

OUR AUDIENCE



For more than 70 years, the *North Dakota Living* magazine has been the state's No. 1 monthly circulated publication. It's content includes recipes, reader reflections, health, agriculture, history and travel articles, technology news; a section dedicated to teenagers, local and statewide news, plus more.

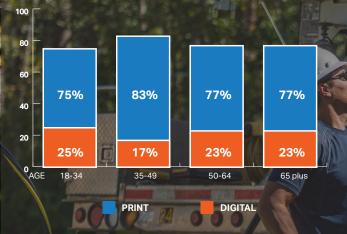
Advertise your business to reach nearly 200,000 monthly readers, which includes residents, business owners, industry leaders and policymakers in energy, agriculture, health and higher education.

For more information, contact Duane Crabbe at dcrabbe@ndarec.com.

A PREFERENCE FOR PRINT

Young people don't read print. WRONG! Print is preferred 3-to-1 across all age groups.

We asked respondents if they prefer reading in print (books and magazines) or digital (on your computer or smartphone) format.





OCCUPATIONS

FARMER/RANCHER
LABORER
SALES OR SERVICE WORKER
LICENSED PROFESSIONAL
BUSINESS OWNER/MANAGER
HOMEMAKER
RETIRED
19%
5%
16%
10%
10%
34%

GEN JOI II II	52% MALE 48% FEMALE
A	CE
18-34	23%
35-49	23%
50-64	26%
65 AND OVER	28%
	DUCATION

HIGH SCHOOL	21%	
SOME COLLEGE	40%	
COLLEGE DEGRE	E 39%	



UNDER \$50,000 \$50,000-\$100,000 OVER \$100,000 9% 28% 45%

33%
RELIABLE and 24%
TRUSTED

were the top words readers used to describe North Dakota Living.

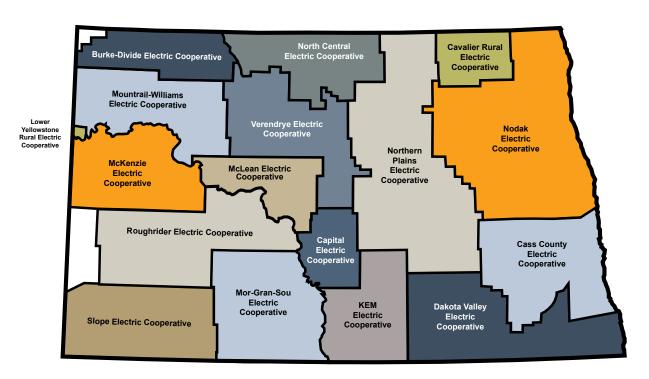
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*North Dakota Living magazine survey results by DFM Research, August 2024



STATEWIDE DISTRIBUTION

Service territory boundaries are approximate and should not be construed as legal descriptions.



CIRCULATION

lanuary

January	82,000
February	82,000
March	82,000
April	82,000
May	82,000
June	82,000
July	82,000
August	82,000
September	82,000
October	82,000
November	82,000
December	82,000

MEMBER ELECTRIC COOPERATIVE SUBSCRIBERS

Burke-Divide Electric 1,264
Capital Electric 18,109
Cavalier Rural Electric54
Dakota Valley Electric 4,240
Goldenwest Electric 184*
KEM Electric2,223
Lower Yellowstone Electric 343*
McKenzie Electric4,815
McLean Electric2,815
Mor-Gran-Sou Electric 6,346
Mountrail-Williams Electric 8,169
Nodak Electric 783
North Central Electric 3,952

Northern Plains Electric	. 7,177
Roughrider Electric	. 8,903
Sheridan Electric	94*
Slope Electric	1,858
Verendrye Electric	10,820



FOR MORE INFORMATION

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*Number of North Dakota Living annual subscribers.

Note: A small number of subscribers in a few of these service areas receive *North Dakota Living* from a telecommunications cooperative.

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2026 FEATURES/DEADLINES

ISSUE MONTH	FEATURE	SPACE DEADLINE	COPY DEADLINE	PUBLIS DATE
January	 2026 photo contest winners Succession planning for farm and ranch families Cost of Your Power series: Balancing reliability and affordability 	12/5/25	12/12/25	12/31/25
February	 Education issue: Al in schools, higher ed prepares students for future tech careers N.D. Tourism's Travel Guide (distribution to 12-month subscribers) 	1/5/26	1/12/26	2/9/26
March	The future of local news Food hubs: North-central and south-central rural grocery/ local foods projects Photo essay: The last rural grocers	2/5/26	2/12/26	3/5/26
April	TAKE CARE issue, health care: Rural Health Transformation Program, aging in rural North Dakota Data centers 101/how co-ops handle large loads	3/5/26	3/12/26	4/2/26
May	 Explore North Dakota issue, travel + tourism Honor guards + Memorial Day 	4/5/26	4/12/26	5/1/26
June	Agriculture Electric safety on the farm and in the field	5/5/26	5/12/26	6/3/26
July	America's 250 years Three Affiliated Tribes National Park	6/5/26	6/12/26	7/2/26
August	CO-OPS VOTE issue, 2026 election/voter guide Announce 2027 magazine photo contest	7/5/26	7/12/26	8/3/26
September	 Hunting and the outdoors Back to school and sports Big Iron Guide (distribution to some subscribers) 	8/5/26	8/12/26	9/4/26
October	Co-op Month! Photo essay: Prairie energy	9/5/26	9/12/26	10/1/26
November	Veterans Healthful holidays Thankful for reliable, affordable electricity	10/5/26	10/12/26	10/30/26
December	Pride of Dakota small businesses, buy + shop local this holiday season From the farm to your holiday plate	11/5/26	11/12/26	12/3/26

^ Publish date subject to change.

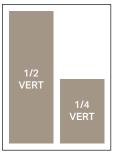


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AD SIZES





PRINT AD SPECIFICATIONS





NON-BLEED	WIDTH	HEIGHT
FULL PAGE	6.75"	9.75"
2/3 PAGE VERTICAL	4.25"	9.75"
HALF PAGE VERTICAL 1.5 COLUMN	3.25"	9.75"
HALF PAGE VERTICAL 2 COLUMN	4.25"	7.25"
HALF PAGE HORIZONTAL	6.75"	4.75"
1/3 PAGE VERTICAL	2.125"	9.75"
1/3 PAGE HORIZONTAL	4.25"	4.75"
1/4 PAGE	3.25"	4.75"
1/6 PAGE HORIZONTAL	4.25"	2.25"
1/6 PAGE VERTICAL	2.125"	4.75"

BLEED	TRIM WIDTH	TRIM HEIGHT	BLEED WIDTH	BLEED HEIGHT
FULL PAGE	8"	10.75"	8.5"	11.25"
BACK COVER	6.75"	8.25"	8.5"	9"
2-PAGE SPREAD	14.75"	9.75"	16.5"	11.25"

PRODUCTION

PREFERRED AD FORMATS

- High-resolution (300 DPI) Adobe PDF.
- High-resolution (300 DPI) EPS in CMYK or grayscale. EPS files include embedded fonts or fonts converted to outlines.
- High-resolution (300 DPI) TIFF in either CMYK or grayscale.

UPLOADING PROCEDURE

Follow the steps below to get started:

1. Go to your web browser and type in the address,

https://ndliving.wetransfer.com

2. Follow the onscreen steps to upload your ad or files. Can place up to 20GB of materials.

AD RATES

COVER POSITIONS

Add \$300 for inside front, inside back, and back cover. Call for availability.

FULL COLOR

SIZE	1x	3x	6x	9x	12x
1/6	\$845	\$810	\$760	\$750	\$715
1/4	\$1,095	\$1,060	\$1,030	\$985	\$955
1/3	\$1,360	\$1,280	\$1,195	\$1,120	\$1,085
1/2	\$1,830	\$1,750	\$1,645	\$1,560	\$1,470
2/3	\$2,570	\$2,405	\$2,240	\$2,130	\$2,040
FULL PAGE	\$3,600	\$3,350	\$3,120	\$2,975	\$2,810
SPREAD	\$5,800	\$5,505	\$5,175	\$4,945	\$4,735

BLACK & WHITE

1x	3x	6x	9x	12x
\$495	\$455	\$425	\$415	\$380
\$735	\$700	\$645	\$615	\$545
\$1,005	\$920	\$855	\$760	\$730
\$1,480	\$1,410	\$1,305	\$1,210	\$1,110
\$1,965	\$1,815	\$1,650	\$1,545	\$1,465
\$3,025	\$2,755	\$2,555	\$2,370	\$2,225
\$5,225	\$4,840	\$4,630	\$4,385	\$4,165
1	6495 6735 61,005 61,480 61,965 63,025	\$495 \$455 \$735 \$700 \$1,005 \$920 \$1,480 \$1,410 \$1,965 \$1,815 \$3,025 \$2,755	\$495 \$455 \$425 \$735 \$700 \$645 \$1,005 \$920 \$855 \$1,480 \$1,410 \$1,305 \$1,965 \$1,815 \$1,650 \$3,025 \$2,755 \$2,555	\$495 \$455 \$425 \$415 \$735 \$700 \$645 \$615 \$1,005 \$920 \$855 \$760 \$1,480 \$1,410 \$1,305 \$1,210 \$1,965 \$1,815 \$1,650 \$1,545 \$3,025 \$2,755 \$2,555 \$2,370



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2026 MARKETPLACE



Black and white rates (add \$50 for color). Rates are per issue.

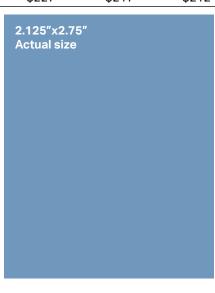
	1x	3x	6x	9x	12x	
1x1	\$83	\$80	\$77	\$74	\$70	

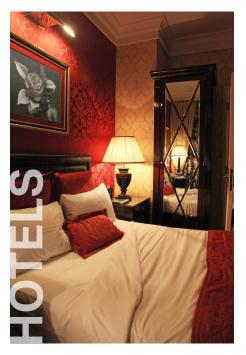
2.125"x.875" Actual size

	1x	3x	6x	9x	12x	
1x2	\$162	\$157	\$148	\$141	\$135	

2.125"x1.75" Actual size

	1x	3x	6x	9x	12x	
1x3	\$237	\$227	\$217	\$212	\$202	









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